GUIDELINES

FOOD for **CHANGE**

SLOW CHEESE, WINE & FERMENTS



CHEESE

On our menus and cheese boards, let's feature:

1 Raw milk cheeses

Avoid cheeses made from heat-treated or pasteurized milk. Raw milk cheeses preserve the nutritional benefits of milk as well as the variety of its flavors.

2 Sourced from local producers and heritage animal breeds

When possible, look for medium- or small-scale cheese producers local to you, and visit the farm to ensure production methods are responsible.

3 Raised with good animal welfare standards and grass-fed at least 70% of the time

Products will highlight flavors that reflects the richness and biodiversity of local flora.

4 Produced with natural/artisanal yeasts and rennets

Industrial fermentation standardizes taste, so it is better to avoid it, along with microbial rennets. Talk to your producer about their manufacturing methods.

5 Without artificial flavoring (truffle, smoke...)

But it is acceptable to infuse cheese with natural flavoring techniques and products (grape must, tomato, charcoal, ashes, spices etc.).

For our members located in Australia, Canada, Japan, New Zealand and the United States, laws in force prohibit the use of raw milk. Consequently, small-scale cheese producers and initiatives involving local breeds in those countries may be considered part of your #FoodForChange actions despite the fact that they make use of pasteurized milk.

WINE

In our cellars and in our glasses, let's think of:

- Being as specific as possible about the wine Clearly specify each bottle's appellation, the name of the winery and/or estate, the name of the cuvée, its vintage, format, and price.
- 2 Highlighting wines that reflect the identity of their *terroir*

Not only thanks to the grape varieties and the soil, but also thanks to indigenous yeasts, which are strongly encouraged.

3 Encouraging biodiversity and not using fertilizers, weed killers and synthetic anti-botrytis chemicals

Support regenerative agriculture practices, including agroforestry, cover-cropping, low or no till farming, and protection of pollinators and beneficial fauna via organic pest control (only in case of strict necessity).

4 Not flavoring with wood chips and having a measured amount of sulfur dioxide

Avoid exceeding ${\rm SO}_2$ limits outlined by the organic wine certification of the European Union, which is 100 mg/l for red wines and 150 mg/l for white and rosé wines.

5 Promoting wineries that actively collaborate with the entire agricultural community

Enhance the agricultural system of your *terroir*, maintain good relationships with your partners and employees, encourage their personal and professional development, and collaborate and share *savoir-faire* with other winegrowers in the area.

6 Having an eco-conscious attitude, especially towards irrigation.

Avoid situations of significant water stress by communicating with the community and managing irrigation in a responsible manner.

