



SIX SENSES SPA

ELOUNDA



Dr. Rui Pedro Loureiro, Traditional Chinese Medicine Doctor

10th of July to 24th of July, 2019

Quit Smoking for Life, 30 minutes/Euro 310

Don't let withdrawal symptoms and anxiety stop you from achieving your goal. There is a more holistic and effective solution using electro acupuncture. Dr. Rui's average success rate is 85 percent and there is no need for patches, gum or pills after the treatment. What's more, it helps you get through all the stages related to quitting such as anxiety control and weight gain.

Acupuncture, 60 minutes/EUR 250

A full history of your general health and your current lifestyle and concerns are considered during the initial consultation. This allows Dr. Rui to establish a clear picture and understanding of the underlying causes of your problems and formulate an appropriate treatment plan. Acupuncture diagnosis focuses on the individual and not just on the ailments. All symptoms are seen in relation to each other, so two people with the same Western diagnosis may be treated completely differently.

Holistic Facial Rejuvenation, 60 minutes/EUR 285

The "natural facelift" or cosmetic acupuncture for wrinkles and sagging. 24k gold needles are applied to specific acupressure points on your face and body to help nourish the skin. The gold-plated composition of the acupuncture needles is singularly significant as it produces measurable results by visibly enhancing the volume and tone of facial muscles and thus improving the skin's circulation, collagen, and elastic fiber network which activates the fibroblastic cells and increases hyaluronic acid production. Experience sleeker, plumper and more youthful skin.

Anti-Cellulite Treatment, 60 minutes/EUR 275

This method gives excellent results in modulation of different parts of the body - abdomen, buttocks, lower and upper limbs - addressing conditions such as cellulite, sagging, localized fat deposits and excessive weight. This treatment helps the whole body look and feel younger and revitalized.

Full Epigenetic Test, EUR 300

Dig deeper into your genetic data with an epigenetic hair test using a bio profiler. You'll receive information about your levels of nutrients, vitamins, minerals, essential amino acids, fatty acids, antioxidants and contaminants. This test analyzes the 15 most common vitamins, 23 major groups of antioxidants, 16 everyday minerals, 115 food restrictions and food additives, immune stressors, 23 amino acids, and omega 3, 6 and 9. This is followed by recommendations on how to improve your lifestyle and diet to optimize your health.

About the practitioner

Rui is a Traditional Chinese Medicine Doctor. He graduated from the Chengdu University of Chinese Medicine in China and holds a postgraduate diploma in Cosmetic Acupuncture from CMIR/ACUMEDIC London and the Beijing University of Chinese Medicine. He is an expert in diagnosis and has worked in hospitals in China and clinics in London and Portugal. He is responsible for the Chinese Medicine Department of St. Louis Hospital in Lisbon and is the clinical director of Clinica Cura Pura in Aveiro. With 16 years of clinical practice, he is a passionate and dedicated professional, and a lifetime student and researcher of Chinese medicine.

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